

Thursday, November 4th Family Chat: Halfway There

Chat Room	Username	Message	Timestamp
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Good afternoon welcome to the Family Chat!	11/4/2009 10:53
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): How are you all doing today?	11/4/2009 10:54
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Hi Johngclarke welcome to the chat!	11/4/2009 10:56
LOBBY	johngclarke@verizon.net	johngclarke@verizon.net: hi I'm just the fly on the wall	11/4/2009 10:57
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): That is fine, the chat can be a good place to ask questions or to just observe	11/4/2009 10:57
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Good afternoon bpilkey and mandith welcome to the chat	11/4/2009 10:57
LOBBY	mandith	mandith: Thank you.	11/4/2009 10:58
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): How are your students doing? Have they made it through midterms?	11/4/2009 10:58
LOBBY	johngclarke@verizon.net	johngclarke@verizon.net: how should i know??	11/4/2009 10:58
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Welcome to the chat UF CSAI Shontae	11/4/2009 10:59
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Often students will mention if they have had midterms typically this time of year students have just completed these exams if they had them	11/4/2009 10:59
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Hi Storge welcome to the chat!	11/4/2009 10:59
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Thank you Jaime and Good Morning/Afternoon to everyone.	11/4/2009 10:59
LOBBY	storge	storge: Thank you....	11/4/2009 11:00
LOBBY	mandith	mandith: My son is doing well. He started in the summer semester so he's pretty much adjusted now.	11/4/2009 11:00

LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): That is great mandith! Has he found some ways to get involved on campus too?	11/4/2009 11:00
LOBBY	bpilkey	bpilkey: Hello. This is the first time that I have ever chatted online!. My two are doing fine, I think. My daughter would like to get a job on campus as she is not real involved as a freshman yet. My son works in the physics department and is a senior. Where should I tell my daughter to go on campus. She has worked for the UF Citrus Research Station in Lake Alfred, FL, but her major in not in a science field.	11/4/2009 11:01
LOBBY	ktaylor88	ktaylor88: My daughter does not talk in terms of midterms so I assumed that was not a schoolwide concept like midterms in high school. She has talked about two of her five classes having an exam about a week and a half ago. She does not view it though as anything more than another exam. Do the midterms have any special weight or significance?	11/4/2009 11:02
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): bpilkey, great question!	11/4/2009 11:03
LOBBY	bkenney	bkenney: where do you see my student's grades? should all of her mid-term grades be out on ISIS?	11/4/2009 11:03
LOBBY	mandith	mandith: I think he's still looking around. He's so busy with schoolwork and mentoring/tutoring kids in an elem. as part of Federal/Work Study grant.	11/4/2009 11:04
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Hello All. I am just joining the conversation. bkenney - I believe students need to authorized their parents to access their grades.	11/4/2009 11:04

LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Having a part time job is a great way for students to be involved on campus and has also been a great way for students to manage their time too. Students can view open jobs at https://jobs.ufl.edu , www.crc.ufl.edu	11/4/2009 11:05
LOBBY	mandith	mandith: I have the same question as bkenney.	11/4/2009 11:05
LOBBY	bkenney	bkenney: where does she see her grades? We have filled out the FERPA form through the Registrar's office to access her records.	11/4/2009 11:05
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): In regards to midterms some students may have a test half way through the semester that carries a heavier point value while other instructors may space out the exams	11/4/2009 11:06
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): bkenney and mandith, this is not my area of expertise so perhaps someone else will weight in, but it is my experience that only the final grades are posted on ISIS, not intermediate grades over the course of the semester.	11/4/2009 11:06
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): the posting of grades is dependent on the instructor too. Some may post on E-learning and others may just pass back exams and assignments in class	11/4/2009 11:07
LOBBY	bpilkey	bpilkey: Thank you. I teach at a high school and have only a short time for my lunch. Class starts soon, but I will write these websites down. Thank you for this opportunity.	11/4/2009 11:07
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): If students ever have a question about a great they may always check with the instructor of the course	11/4/2009 11:07

LOBBY	bkenney	bkenney: ok, so basically my daughter would need to know her mid-term grades (not posted), concerned about 1 class that she might need to drop.	11/4/2009 11:08
LOBBY	bkenney	bkenney: how do they drop it, just online?	11/4/2009 11:08
LOBBY	bettyahack	bettyahack: My daughter is unhappy at UF. She rooms with her best friend and her boyfriend is there but neither is very social and my daughter wants to attend the parties, etc but won't go alone. I mentioned that clubs were a great way of meeting people but she refuses to joining a club by herself (without a friend doing it with her). She says that all she does is go to class and do homework in that depressing little dorm space. I am concerned that she will burn out. I also suggested that she see an advisor. She said that she would only see an advisor for schedule-related issues not for persona ones. What do I do??	11/4/2009 11:08
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): If a student is considering dropping a course they should first speak with their academic advisor	11/4/2009 11:08
LOBBY	Rusty	Rusty: My daughter entered college this fall declaring pre-pharmacy, but is now having second thoughts. She is stressing because she doesn't know what to switch to. Nothing is really appealing to her as a major. She is thinking sports management or business right now. I feel that she is making a snap decision over the weekend because she feels that she needs to change to something before picking spring classes. What should she do if she doesnt know what she wants yet?	11/4/2009 11:09
LOBBY	bkenney	bkenney: as a freshman, is that her college advisor?	11/4/2009 11:09
LOBBY	storge	storge: My daughter is also very unhappy for some of the same reasons as bettyahack mentioned.	11/4/2009 11:09
LOBBY	lfswoy	lfswoy: My daughter is also struggling with one class but hasn't listened to any suggestions of getting help. Anything you can think of to get her to reach out or get help?	11/4/2009 11:09
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Yes bkenney that is her academic advisor in her college	11/4/2009 11:09
		bkenney:	

LOBBY	bkenney	my daughter is very stressed out, at Lakeside, the distance is a drag, and has to take the bus at night...not safe and not fun.	11/4/2009 11:10
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Rusty and Storge sounds like your students are having a hard time finding their niche on campus would you say that is correct?	11/4/2009 11:10
LOBBY	bettyahack	bettyahack: yes	11/4/2009 11:10
LOBBY	storge	storge: Yes. That is correct!	11/4/2009 11:10
LOBBY	Rusty	Rusty: I would say yes.	11/4/2009 11:11
LOBBY	storge	storge: She feels very isolated. She did well in the summer program, but not fall.	11/4/2009 11:11
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): First off transition is tough for a lot of our students, the big atmosphere can be overwhelming, so the first thing to remember is she isn't alone.	11/4/2009 11:11
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): bettyahack and ifswoy - One resource I often refer students to who are having a hard time finding their place is the Center for Student Activities and Involvement in the Reitz Union. Students can meet with someone there and tell them their interests and they will be directed to clubs or activities that fit those interests. Your students could at least go and explore their options. They can also come into the Counseling Center or Student Mental Health to get help and support in their adjustment to college.	11/4/2009 11:11
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Yes Tina is absolutely correct that is a great resource! Also do your students live on campus?	11/4/2009 11:12

LOBBY	kathyr	kathyr: my daughter feels similiarly to bettyahack's only her boyfriend is here at home so she is coming home alot. I encourage her to stay there on the weekends but she says most of the people she knows at UF are big partiers and she is not interested in that. She seems to have a lot of free time also, which doesn't help. She only has classes on MWF so I have encouraged her to look for a job. She feels all the oncampus type jobs are for kids with need and that she wont be able to get one. Any suggestions?	11/4/2009 11:12
LOBBY	bkenney	bkenney: what about finding out for tutoring, can you get information at the Reitz too? She is in a 600 student class (psy), that is hard to get with the instructor..	11/4/2009 11:12
LOBBY	bettyahack	bettyahack: She joined the Doctors without Borders during one of those Reitz Union events but still very unhappy	11/4/2009 11:12
LOBBY	lfswoy	lfswoy: Maybe if she heard it from her RA or one ofyou she would listen but as a parent "I just don't understand"	11/4/2009 11:13
LOBBY	sherriecohen	sherriecohen: My son absolutely hates the small dorm and his roommate is not a good match for him so he is very depressed there and just goes to classes. He also needs to find a niche. He also needs a tutor for Calculus.	11/4/2009 11:13
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Yes bettyahack and storage here in the Center for Student Activities and involvement she can meet with someone on our staff or one of our Student Consultants who will take the time to really sit down and talk with her about their interests and fit.	11/4/2009 11:13
LOBBY	bkenney	bkenney: when is the last day to drop a class and getting a W grade.	11/4/2009 11:13
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Yes RA's are a good resource and as a fellow student can often better relate to our students	11/4/2009 11:13

LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): kathyr - Sounds like you've made some good suggestions to your daughter. I hear a lot of students complain that all the other students are partiers so I know there are non-partiers out there.	11/4/2009 11:13
LOBBY	lfswoy	lfswoy: My daughter lives on campus in a "temporary triple" doesn't really get along with her roommates or like the dorm and hasn't been granted a transfer yet. She is a math/science person and is in the dorm with the llc for art majors.	11/4/2009 11:14
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Kathyr- I would tell her to look at the Reitz Union Event Calendar as well. We post lots of events that happen on campus that are not parties from comedy shows to movies, to just other social events which may be an option.	11/4/2009 11:14
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): As both Tina and Shontae have mentioned finding a group of students with similar interests through a student organization, or on campus job is a really great way to make this campus seem a little smaller and more community based	11/4/2009 11:14
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): RA's are good resources to help with roommate concerns and students may also consult with someone at the Counseling Center of Student mental health.	11/4/2009 11:14
LOBBY	storge	storge: My daughter is also depressed and cries a lot. She does live on campus.	11/4/2009 11:15
LOBBY	kathyr	kathyr: I will suggest that she try the Center for Student Activities at the Reitz-first I have to get her to stay there for a weekend. She is planning to this weekend but will come home Mon. night since she doesn't have classes T-W (due to holiday) or Thurs.	11/4/2009 11:15

LOBBY	ssheets	ssheets: My daughter seems to be adjusting well (started in Fall)--she got lucky with roommates (Murphree triple), and although meeting with little success in running for debate club, freshman leadership council, is involved in student government, Wesley Foundation (very small group) and I think prelaw club. I am concerned that lately she is going off campus for weekend fun (FL/GA game and FSU this weekend). But she loves her classes and new found freedom.... Maybe kids like her can help as a resource for those struggling (I remember how overwhelming campus was back in the late 70s!).	11/4/2009 11:15
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Storge - I can imagine it difficult seeing your daughter be upset at a distance. There are counseling resources available to her on campus and in the community.	11/4/2009 11:15
LOBBY	storge	storge: This info has been helpful. I will encourage her to reach out for support...	11/4/2009 11:16
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Kathy, one of the ways to get students to stay on campus is by being committed to something such as a part time job, also if she is specifically coming home to visit friends you may want to encourage her to invite her friends or family to visit her at UF so they can see what her life at UF is like	11/4/2009 11:16
LOBBY	bettyahack	bettyahack: How can my daughter get a campus job? She loves \$ so this sounds like a vehicle to both make a little \$ and meet friends at the same time.	11/4/2009 11:17
LOBBY	bettyahack	bettyahack: Can she get a work-study job?	11/4/2009 11:18
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): ssheets I am glad that your daughter has been able to adjust well, as she begins to explore the gainesville community I would encourage you to keep talking to her about what experiences she is looking for and how to find those in safe and fun ways both on and off campus	11/4/2009 11:18
		FamilyChatModerator(UFCC Tina):	

		Also, sometimes RA's or the Residence Director will organize workshops in the dorm that bring students together who are in the same residence hall but not roommates. I know Lakeside has one scheduled next week which I am leading. We're going to talk about communication and relationships with emphasis on the roommate relationship, now that the honeymoon is over.	
LOBBY	FamilyChatModerator		11/4/2009 11:18
LOBBY	johngclarke@verizon.net	johngclarke@verizon.net: Normal 0 <w:SavelfXMLI	11/4/2009 11:18
LOBBY	lfswoy	lfswoy: Is there anyway to get a counselor, advisor, or RA to reach out to my daughter as she is too shy to make the effort herself and won't listen to my suggestions?	11/4/2009 11:19
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Bettyahack students can find a listing of on campus jobs at https://jobs.ufl.edu and www.crc.ufl.edu	11/4/2009 11:19
LOBBY	johngclarke@verizon.net	johngclarke@verizon.net: woops a typo, sorry	11/4/2009 11:19
LOBBY	bettyahack	bettyahack: My daughter is also to shy to reach out like lfswoy's	11/4/2009 11:19
LOBBY	storge	storge: Mine as well...	11/4/2009 11:20
LOBBY	lennyferman	lennyferman: Sherri, my son sounds just like your son. I wish they could get together. Then maybe they wouldn't be so miserable.	11/4/2009 11:20
LOBBY	kathyr	kathyr: We have been up four time this fall so far - we LOVE going to the games, but are now done coming up for a while. Her boyfriend has come up with us each time and he would eventually like to transfer. The one good friend my daughter made up there is a really nice girl who, unfortunately, came down with mono and is back home for the remainder of semester. My daughter does like her classes and is doing well academically. She likes her roommate well enough, so I guess things could be worse. We just hope she will adjust and live fully there.	11/4/2009 11:20
LOBBY	homerealtor123	homerealtor123: There are very few compatible jobs available for students at jobs.ufl.edu . Most require specific hours or experience, or quantity of hours. My daughter was awarded fed. work study aid but can't find a job to earn the aid on campus. Is there another approach? M	11/4/2009 11:20
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): lfswoy, bettyahack, storge - you could contact the RA and give them a heads up..	11/4/2009 11:20

LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Work study positions are available to students who meet specific financial need requirements to see if your student meets those you can go to http://www.sfa.ufl.edu/programs/workstudy.html	11/4/2009 11:20
LOBBY	johngclarke@verizon.net	johngclarke@verizon.net: What percentage of students receive loans and what is the average annual amount - is there online info on this?	11/4/2009 11:21
LOBBY	scouter707	scouter707: We have the opposite problem; our son cannot wait to get off the phone and back to his life	11/4/2009 11:21
LOBBY	lennyferman	lennyferman: When do students need to register for spring classes?	11/4/2009 11:21
LOBBY	ssheets	ssheets: my daughter is not shy, I guess, which is probably what is helping her. She signed up to volunteer (I think this was encouraged via the UF freshman intro course), ended up off campus somewhere (lost!) but they worked with her and found her a volunteer position on campus (day care helper maybe?). So, maybe volunteer opportunities (b/c I think getting job on campus may be difficult).	11/4/2009 11:21
LOBBY	lfswoy	lfswoy: How do you find out who the RA is and contact them? my daughter leaves in Reid.	11/4/2009 11:21
LOBBY	johngclarke@verizon.net	johngclarke@verizon.net: Our son the same as scouters!	11/4/2009 11:21
LOBBY	homerealtor123	homerealtor123: She meets the requirements. Is there another database besides the jobs.ufl.edu? Should she go to fin. aid office maybe?	11/4/2009 11:21
LOBBY	bettyahack	bettyahack: My daughter lives in Trusler, what is contact info for RA	11/4/2009 11:22
LOBBY	scouter707	scouter707: I understand; my wife, not so much	11/4/2009 11:22
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): http://www.sfa.ufl.edu/ is a great resource for information on loans and other financial options johngclarke, I however do not have a specific number of students with loans	11/4/2009 11:23
LOBBY	storge	storge: My daughter also lives in Trusler...	11/4/2009 11:23

LOBBY	storge	storge: bettyahack - maybe we can get our girls together?	11/4/2009 11:23
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Here is another great site through the Career Resource Center that has several job postings http://www.crc.ufl.edu/Employers/jobpostings.aspx	11/4/2009 11:24
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): lfswoy - Here is the website for Reid - http://www.housing.ufl.edu/facilities/yuleearea.php	11/4/2009 11:24
LOBBY	lfswoy	lfswoy: UFCC Tina, you mentioned holding a meeting at Lakeside, do you know of anything at Reid?	11/4/2009 11:24
LOBBY	bkenney	bkenney: Does my daughter have to met with her advisor to drop a class, or can she do it online by herself...	11/4/2009 11:24
LOBBY	bettyahack	bettyahack: Storge, my daughters name is Lindsey Hack, she is on the first floor of Trusler. Maybe we could get your daughter and mine together somehow?	11/4/2009 11:24
LOBBY	lennyferman	lennyferman: lfswoy, I'm having the same problem with my son. He is in a suite with an RA, but the RA doesn't seem to be a help. My son is just too shy to get out and get involved in activities, and he feels overwhelmed with school work and seems slightly depressed to me. I just feel like he needs to find a group of kids like him so he has a base of friends.	11/4/2009 11:25
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): In general, go to the UF website and in the search box, enter Housing and it will take you to all kinds of information about residence life and you can specify the residence hall in their search box.	11/4/2009 11:25
LOBBY	storge		11/4/2009 11:26
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): I think for the students who tend to be hesitant socially, their timetable on adjustment may be different than for the more extroverted students. Helping them acknowledge their own pace and continue to seek out activities that they enjoy seems important.	11/4/2009 11:26
		FamilyChatModerator(UF NSP Jaime):	

		Shontae had mentioned the Center for Student Activities and Involvement as a way to get involved and this is a great resource in addition http://www.union.ufl.edu/IDEAL/ is a student group that will meet one on one with students to help them find student groups that meet their interests	
LOBBY	FamilyChatModerator		11/4/2009 11:27
LOBBY	lennyferman	lennyferman: When do students need to register for spring classes?	11/4/2009 11:27
LOBBY	lfswoy	lfswoy: lennyferman, I agree with you. UFCC Tina, can someone gather the names of these depressed, overworked, borderline students and maybe hold a workshop to introduce them to each other and discuss what help they can seek?	11/4/2009 11:27
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Storge and bettyhack, that sounds great them maybe they will find some common interests and if one of them does not want to come over alone to see us in the Center for Student Activities and Involvement then both of them will come over together. Jaime just provided the link . WE are located on the 3rd floor of the Reitz Union room 300	11/4/2009 11:27
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Spring registration will be taking place the next several weeks students will see their registration date and time online through ISIS	11/4/2009 11:28
LOBBY	bkenney	bkenney: Does my daughter have to met with her advisor to drop a class, or can she do it online by herself...	11/4/2009 11:28
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Students will need to meet with their academic advisor prior to registering so please help remind your student to do this as soon as possible	11/4/2009 11:28
LOBBY	ssheets	ssheets: What a great idea!!!! (workshop) I think it may be helpful for kids and moms to know that others are shy and struggling too (this will help me with my son, who hopefully will be at UF in a couple of years!!). If my daughter can help in any way, please let me know (and it will help her too!)	11/4/2009 11:28
LOBBY	lfswoy	lfswoy: My daughter says she doesn't have enough time to study let alone join a club or something. In fact she dropped out from the equestion club because it was taking up too much time.	11/4/2009 11:28

LOBBY	lennyferman	lennyferman: My son has been resistant to our efforts to help him get involved. He feels we are being intrusive. So as a parent it's a very difficult situation to watch your son get into this great school, after such a stellar high school career, and then be unhappy, because he feels overwhelmed at a large, new school, where he has no friends, and I can't do anything about it.	11/4/2009 11:28
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): The Counseling Center and Student Mental Health offer groups of different kinds for students, one of which is for shy students and one for social anxiety. We rely on students taking the initiative to come in. Help seeking is an important skill to develop as part of adjusting to college. As a parent, you (and me, too, as I am a parent of a college student) can help our kids by letting them know that we seek help and by pointing them in the direction of resources available to them.	11/4/2009 11:29
LOBBY	storge	storge: Ditto to lennyferman -our situation exactly..	11/4/2009 11:29
LOBBY	lennyferman	lennyferman: lfswoy, my son had to drop freshman english because he couldn't handle the workload with 16 credits. Now he's down to 13 and he still tells us he has to study all the time.	11/4/2009 11:29
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): I encourage all students to meet with an advisor before dropping a class the Drop deadline is Nov. 23	11/4/2009 11:29
LOBBY	lennyferman	lennyferman: Storge, at least it's comforting to hear others in the same situation. What can we do?	11/4/2009 11:29
LOBBY	ssheets	ssheets: I also have to add that my daughter is having a relatively light semester for some reason (fortunately, b/c she didn't do summer so no acclimation time). So she's had more time to get into activities (personality is geared that way too).	11/4/2009 11:30
LOBBY	bkenney	bkenney: Again, can she drop it online by herself, if she is not able to meet with an advisor...	11/4/2009 11:30

LOBBY	storge	storge: lennyferman - Yes it is comforting. I think getting them involved is the answer...but getting them to take the first step is the problem. They have to want to do it...	11/4/2009 11:30
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Bkenney she will need to meet with an advisor at this time	11/4/2009 11:31
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): It is so hard to stand by and watch our kids struggle with this adjustment. For many students the contrast between being seniors in high school and on top of their game to being first year college students on a large campus is really tough. It just is. Acknowledging that and their struggle can be helpful in and of itself, and communicating your support and confidence that they will figure it out, perhaps with help from people here.	11/4/2009 11:31
LOBBY	bettyahack	bettyahack:	11/4/2009 11:32
LOBBY	bkenney	bkenney: UF NSP Jaime, thanks, I will let her know.	11/4/2009 11:32
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): For those students who are feeling challenged academically encourage them to meet with their faculty members as well as utilize our many tutoring services, also study groups are a great way to learn and meet new friends	11/4/2009 11:33
LOBBY	homerealtor123	homerealtor123: Isn't there a limit to how many classes can be dropped every two years? Isn't it two? Doesn't it appear on transcript? Why is dropping classes so rampant at UF? It's almost a recognized strategy for every student. How can students get a better feel for how they are doing...besides hoping the prof grades on the curve.	11/4/2009 11:33

LOBBY	lfswoy	lfswoy: Lennyferman, I think you and I must be related. It is nice knowing that there are more students in the same situation but unfortunately the students don't seem to care or want to know. Right now it is all about passing and of course, not taking any advise fro your parents.	11/4/2009 11:33
LOBBY	kathyr	kathyr: Thanks for the info. Will pass along the job websites to my daughter and will encourage her to go to Reitz's Center for Student Activities.	11/4/2009 11:33
LOBBY	storge	storge: Thanks - Bettyahack - I have your info and will contact you...	11/4/2009 11:34
LOBBY	bkenney	bkenney: what about housing for next Fall 2010, is it available for us to put in an application now?	11/4/2009 11:35
LOBBY	bettyahack	bettyahack: Must go now. Thank you all for the insight. It appears that our kids are not alone in their struggles.	11/4/2009 11:35
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Sometimes students need to complain to their parents and then they go on their way feeling better, meanwhile the parents are left with only that slice of their students' life. Sounds like it is helpful for parents to have each other to talk to!	11/4/2009 11:35
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Homerealtor123 there is a limit to the number of classes that can be dropped, and that is 2 per 60 credit hours, as for know what to expect in the class that can be harder but looking at course assessment which can be found at the registrar as well as speaking with and academic advisor are great ways to start	11/4/2009 11:35
LOBBY	bettyahack	bettyahack: So true UF NSP Jaimes	11/4/2009 11:35
LOBBY	Rusty	Rusty: Why does my daughter need to remove everything from her dorm over the break? Isn't she going to get the same room when she returns in the Spring?	11/4/2009 11:36

LOBBY	lfswoy	lfswoy: UF NSP JAme, thanks for the suggestions but I actually already suggested all of those. I even sent her the website for the online tutoring sessions. I hope she will at least do those, but I'm not counting on anything.	11/4/2009 11:36
LOBBY	Marlen	Marlen: Rusty - how do you know that your daughter needs to remove everything? I would like to know if that is the case for my daughter, too. How can I find out?	11/4/2009 11:37
LOBBY	ssheets	ssheets: Do they have to move out of their dorms over the winter break?	11/4/2009 11:37
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): lfswoy as hard as it is sometimes students just have to learn as they go and as parents you just have to keep supporting and encouraging	11/4/2009 11:37
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Marlen and Rusty good question	11/4/2009 11:37
LOBBY	Rusty	Rusty: I am going on second hand info Marlen, I dont kbw for sure.	11/4/2009 11:37
LOBBY	lfswoy	lfswoy: Thanks, I'm trying to remember that.	11/4/2009 11:38
LOBBY	Marlen	Marlen: ok, please Jaime, tell us something about this.	11/4/2009 11:38
LOBBY	ssheets	ssheets: I have been trying to get the info on \$\$ due on housing for Spring. Apparently it's in my daughter's mailbox but she doesn't get around to checking mail. can I find that info online?	11/4/2009 11:38
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Unless specifically told your student will not have to remove items during the breaks unless moving to another hall	11/4/2009 11:38
LOBBY	homerealtor123	homerealtor123: I'm not sure if someone mentioned this, but many students use the non-UF tutoring company Tutoring Zone - for a fee. Taught by smart grad students who actually attend the same classes.	11/4/2009 11:39
LOBBY	Marlen	Marlen: how will they be notified? my email or by letter to their mailbox?	11/4/2009 11:39
LOBBY	Bonneylett	Bonneylett: Does UF give mid term grades? If so, how do students get the grades?	11/4/2009 11:40

LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Yes there are both on an off campus tutoring sites and both can be helpful	11/4/2009 11:40
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Students may access their bills (housing, tuition etc) via myUFL, under my campus finances	11/4/2009 11:41
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): However this billing for Spring housing may not be posted yet	11/4/2009 11:41
LOBBY	storge	storge: When can students apply for housing for fall 2010?	11/4/2009 11:42
LOBBY	ssheets	ssheets: I have access to that website and checked it the other day when I rec'd email notice of dorm fees mail, but nothing there about housing bill. I will check again.	11/4/2009 11:42
LOBBY	ssheets	ssheets: Oh, ok--not posted yet. We have prepaid dorm and not all is covered apparently. Don't want to miss deadline.	11/4/2009 11:43
LOBBY	FamilyChatModerator	FamilyChatModerator(UFNSPEJ): I am including a link that has tentative dates for on-campus housing about when the sign up for Fall 2010 will take place. (dates may change)	11/4/2009 11:43
LOBBY	FamilyChatModerator	FamilyChatModerator(UFNSPEJ): http://www.housing.ufl.edu/about/calendar.php	11/4/2009 11:43
LOBBY	storge	storge: Thanks so much.	11/4/2009 11:43
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): your welcome storge	11/4/2009 11:43
LOBBY	bkenney	bkenney: Thanks, this has been very helpful...	11/4/2009 11:44
LOBBY	lfswoy	lfswoy: What is "room sign up"? I'm seeing it on the Yulee calender.	11/4/2009 11:44
		FamilyChatModerator(UF NSP Jaime):	

LOBBY	FamilyChatModerator	Great bkenney that is good to hear	11/4/2009 11:44
LOBBY	ssheets	ssheets: Thank you. Enjoyed chat session. Must sign off now.	11/4/2009 11:44
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): ssheets, thanks for coming.	11/4/2009 11:45
LOBBY	Rusty	Rusty: Tina, My daughter entered UF with 50 credits thanks to IB, so even though she is a freshman, she has completed most of her gen eds. She doesn't think pharmacy is for her, but doesn't know what to change to. She is interested in some classes in several tracks, but has trouble with such an important decision. I suggested business since it can be helpful wherever she goes, but my wife feels business is a "cop-out" major. What advice can I give?	11/4/2009 11:45
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Rusty - I think it would be good to suggest she talk with her advisor and at the Career Resource Center to get the short and long view of the different choices she could make.	11/4/2009 11:48
LOBBY	Marlen	Marlen: please, i would like to know how many minors a student can get. My daughter says she wants pre-med; however, last week, she said that she wants to get a minor in music! I did not know what it means... she said that she can get a minor in music and still continue with pre-med and get another minor in biology.. is this correct?	11/4/2009 11:48
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Rusty, exploring majors is very normal for all students and I would encourage her to think about this from the perspective of what she likes, what she might see herself doing for a career and what are some of her areas of talent, also the resources Tina mentioned are perfect for this too!	11/4/2009 11:48
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Also a fun fact on average undergraduate students will change their major 3 times before graduating	11/4/2009 11:48
LOBBY	Rusty	Rusty: And thus add a year of college?	11/4/2009 11:49
LOBBY	Rusty	Rusty: I was hoping she would save a year, lol. Wishful thinking I guess.	11/4/2009 11:50
LOBBY	MomClass2013	MomClass2013: Good morning	11/4/2009 11:51

LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Rusty - Another thing students have said was helpful is to follow their interests by talking to people in different careers or shadowing to get a feel for what it would be like. Sometimes parents know people they can suggest. I also think readiness and exposure are big factors in making these decisions.	11/4/2009 11:51
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): MomClass2013, good morning and welcome.	11/4/2009 11:52
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Good Morning Mom Class and Welcome as well	11/4/2009 11:52
LOBBY	MomClass2013	MomClass2013: Thank you Tina and CSAI	11/4/2009 11:52
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Rusty, most of our students are still able to change a major and still graduate in 4 yrs.	11/4/2009 11:53
LOBBY	MomClass2013	MomClass2013: What do we do as parents during "half way there" period?	11/4/2009 11:53
LOBBY	MomClass2013	MomClass2013: Other than continue providing emotional and financial support as well as guidance.	11/4/2009 11:54
LOBBY	FamilyChatModerator	FamilyChatModerator(UFNSPEJ): Rusty, I changed my major twice and had two minors and still graduated in 4 years, it just depends on how far they get in their coursework and if certain classes are common to different majors	11/4/2009 11:54
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Those are great starts MomClass2013!	11/4/2009 11:54
		Marlen: Please,somebody can answer this question???	

LOBBY	Marlen	, i would like to know how many minors a student can get. My daughter says she wants pre-med; however, last week, she said that she wants to get a minor in music! I did not know what it means... she said that she can get a minor in music and still continue with pre-med and get another minor in biology.. is this correct?	11/4/2009 11:54
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): I think another good point is to help your student reflect on their experience so far	11/4/2009 11:55
LOBBY	ktaylor88	ktaylor88: Do FL graduate schools like med or law look at courses taekn over the summer at a CC or other isntitution as holding less weigth? For example organic chem or any chem for tha matter taken at a CC? I have heard that the grad schools frown on that practice.	11/4/2009 11:55
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): MomClass2013, that is a good question. The main thing that comes to mind is just to check in with your student, and normalize their experiences and reactions, and listen. Also, if there are specific issues, encouraging your student to seek out resources on campus.	11/4/2009 11:55
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Marlen good question	11/4/2009 11:55
LOBBY	MomClass2013	MomClass2013: Absolutely Jaime	11/4/2009 11:55
LOBBY	Bonneylett	Bonneylett: Does UF give mid term grades? I'm interested in seeing how my daughter is doing . If so, how does the student access the grades?	11/4/2009 11:55
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Typically students can have up to two minors dependent on their major and other minor	11/4/2009 11:56
LOBBY	MomClass2013	MomClass2013: Yes Tina, that's exactly what we've done so far with our student.	11/4/2009 11:56
		FamilyChatModerator(UFCC Tina):	

LOBBY	FamilyChatModerator	MomClass2013, sounds like you've got good instincts!	11/4/2009 11:56
LOBBY	Marlen	Marlen: Jaime - so that means that it is NORMAL to get a minor in other field as the major?	11/4/2009 11:57
LOBBY	MomClass2013	MomClass2013: Utilizing college resources as needed	11/4/2009 11:57
LOBBY	MomClass2013	MomClass2013: Yes Marlen	11/4/2009 11:57
LOBBY	MomClass2013	MomClass2013: Music requires much dedication (time) with rehearsals and lessons	11/4/2009 11:58
LOBBY	MomClass2013	MomClass2013: as well as individual practice	11/4/2009 11:58
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Bonneylett - this is not my area but from what I know, some midterm grades may be given but not all in all courses.	11/4/2009 11:58
LOBBY	MomClass2013	MomClass2013: But it can be done as long as the student maintains focus	11/4/2009 11:58
LOBBY	fran1	fran1: if a student wants to drop a class for medical reasons what are the steps, my understanding w/proper medref he can drop the class and remain a full time student w/9hrs but it needs to go through the disability resource ctr, then the college, then student affairs before Nov 23rd?????	11/4/2009 11:58
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Marlen, also it is important to remember that Pre-Med is not a minor it is a track of courses that prepare students who are interested in entering the medical fields so her other minor are very viable but as always checking with her advisor will be helpful to see if this is feasible in regards to time commitment	11/4/2009 11:59
LOBBY	Bonneylett	Bonneylett: Thank you UFCC Tina!!	11/4/2009 11:59
LOBBY	MomClass2013	MomClass2013: Exactly Jaime	11/4/2009 11:59

LOBBY	Marlen	<p>Marlen:</p> <p>yes, i know that pre-med prepares her for medical fields, but it is correct that she can get 2 minors which are completely different such as music and biology? that is kind of weird for me, that is why i am asking to make sure when she comes home and we sit to talk</p>	11/4/2009 12:00
LOBBY	FamilyChatModerator	<p>FamilyChatModerator(UFNSPEJ): I know we have moved on to other topics but I happened to look over the link from housing with the dates and Spring Rent is due on December 2nd. I am not sure about deferment but I know there were some questions about that.</p>	11/4/2009 12:01
LOBBY	MomClass2013	<p>MomClass2013: You must've received an email from Housing about this, UFNSPEJ, indicating payment due date and if you were eligible for deferment.</p>	11/4/2009 12:02
LOBBY	MomClass2013	<p>MomClass2013:</p> <p>The email also mentioned if you would like to apply for deferment for Spring, how to do so.</p>	11/4/2009 12:03
LOBBY	FamilyChatModerator	<p>FamilyChatModerator(UF NSP Jaime): Marlen, yes I believe she can but it will be pretty challenging, and those too specifically are both time intensive and challenging she will need to get this cleared by her advisor first. Before declaring a major she will need 45 UF credits and she will need to speak to the advisor of the college she wants the minor in</p>	11/4/2009 12:03
LOBBY	Marlen	<p>Marlen: ok, great!</p>	11/4/2009 12:04
LOBBY	FamilyChatModerator	<p>FamilyChatModerator(UF NSP Jaime): I hope that helps some Marlen</p>	11/4/2009 12:04
LOBBY	Marlen	<p>Marlen: it really does. she has been playing chello for 4 years, so she is used to it but i think as a minor it will be more challenge as you said, so i will recomend her to talk with her advisor</p>	11/4/2009 12:05
		<p>MomClass2013:</p> <p>Going with the topic for today, my student will be coming home for upcoming school break.</p>	

LOBBY	MomClass2013		11/4/2009 12:05
		FamilyChatModerator(UF NSP Jaime): MomClass2013 will this be your student's first extended stay at home	
LOBBY	FamilyChatModerator		11/4/2009 12:06
		MomClass2013: We'll be spending time with family, I know everybody will be asking her questions about her college experience so far.	
LOBBY	MomClass2013		11/4/2009 12:06
		FamilyChatModerator(UF NSP Jaime): yes that is true have you talked about what she wants to do during her break as well as potential family expectations or commitments?	
LOBBY	FamilyChatModerator		11/4/2009 12:07
		FamilyChatModerator(UFCC Tina): She may feel she needs to have something to show for these first few months.	
LOBBY	FamilyChatModerator		11/4/2009 12:07
		Marlen: Jaime just one question, i am with my daughter on the phone, she will need 45 UF credits, that means the 35 credits that she got from the IB can not be included in this requisite, correct?	
LOBBY	Marlen		11/4/2009 12:08
		FamilyChatModerator(UF NSP Jaime): Often during the break students and families struggle to fit everything in especially when students are mostly looking forward to sleeping in, also if you have house rules such as curfew etc. this will be something to talk about before your student comes home	
LOBBY	FamilyChatModerator		11/4/2009 12:08
		FamilyChatModerator(UFCC Tina): Also, students sometimes are trying to balance reconnecting with old friends with spending time with siblings, parents, and extended family.	
LOBBY	FamilyChatModerator		11/4/2009 12:09
		crankycamp:	

LOBBY	crankycamp	Our daughter can only come home for the one day - Thanksgiving...because of band:(11/4/2009 12:09
LOBBY	crankycamp	crankycamp: I'm surprised she's even trying to come home - actually rather impressed - lol.	11/4/2009 12:10
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Marlen, good question I am not completely sure how IB will count, I believe they will however she will need to talk with her advisor	11/4/2009 12:10
LOBBY	Marlen	Marlen: ok, i will ask her to do that, thanks!	11/4/2009 12:10
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): It is hard to share holidays with students' other commitments. Yes, I agree, it shows a commitment on her part!	11/4/2009 12:10
LOBBY	MomClass2013	MomClass2013: Yes, first holiday break at home, Jaime. Family expectations...we've dealt with that before, so she knows how to handle them . lol	11/4/2009 12:11
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Also it is important to remember that although it is a break many students will still have school work to do	11/4/2009 12:13
LOBBY	MomClass2013	MomClass2013: In my family it was expected for one to know what we wanted, focus and stick to a plan in order to accomplish our college goals.	11/4/2009 12:13
		lennyferman: UFCC Tina, can you gather the names of the depressed, overworked students and try to get them together. I can't get my son to do anything. When I tell him to get into activities or seek out the various resources that have been listed here he feels I'm being intrusive.	

LOBBY	lennyferman		11/4/2009 12:13
LOBBY	lennyferman	lennyferman: When do students have to register for Spring classes?	11/4/2009 12:13
		MomClass2013:	
LOBBY	MomClass2013	However, i'm a little more flexible with my student.	11/4/2009 12:13
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Lenny students are assigned a date and time when they can begin registering your student can find this time through ISIS	11/4/2009 12:14
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): for most first year students their registration is during these next few weeks	11/4/2009 12:14
LOBBY	lennyferman	lennyferman: To any of the UF moderators, can you gather the names of the depressed, overworked students and try to get them together. I can't get my son to do anything. When I tell him to get into activities or seek out the various resources that have been listed here he feels I'm being intrusive.	11/4/2009 12:15
LOBBY	fran1	fran1: fran1 still waiting for a respones to my question...	11/4/2009 12:15
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Sorry fran in regrads to a medical drop there is a specific process	11/4/2009 12:18
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Lennyferman - It is frustrating to think of all the students who are struggling alone when they could find support with each other. Letting students know what resources are available to them gives them the message that they have choices and that we are encouraging them to advocate for themselves. It may take longer than we wish for that advocacy to kick in and that is difficult to stand by and watch. It is important to give the message that there are choices that can be made. Most students are transitioning from allowing others to provide structure and support to creating those for themselves. It can be a difficult transition.	11/4/2009 12:18
LOBBY	fran1	fran1: thanks Jamime but what is the specific process???	11/4/2009 12:20
		FamilyChatModerator(UF NSP Jaime):	

		Your student will want to contact disability resource center only if his medical need is based on a disability	
LOBBY	FamilyChatModerator		11/4/2009 12:21
LOBBY	fran1	fran1: thanks	11/4/2009 12:22
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): If that is the case then the student will want to meet with a representative from Disability Resource Center, if not he will want to speak with Jeannie Malphurs at the Dean of Students Office, this can be found at http://www.dso.ufl.edu/supportservices/withdrawalretro.php	11/4/2009 12:22
LOBBY	Shihan's Mom	Shihan's Mom: My daughter also doesn't take advantage of the the choices there are and activities, she just complains and that makes the situation worse, also considers me a pain for encouraging her to join clubs etc.	11/4/2009 12:23
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Shihan what year is your daughter?	11/4/2009 12:25
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Some students want problem solving and some want to talk about their experience and just be heard. Often if students share that they are struggling and they are met with support and love, that is what they need to then go out and solve the problem themselves. Of course, that is not always the case. It can take the pressure off us as parents to have to provide the key to making them feel better.	11/4/2009 12:26
LOBBY	Shihan's Mom	Shihan's Mom: Thats her name, not mine, she is a freshman	11/4/2009 12:26
LOBBY	Shihan's Mom	Shihan's Mom: I realize she is a lot less of a complainer with her friends because on facebook it sounds like she is having a pretty good time but on the phone with me its like she is miserable, hates the city, the weather, the classes are boring, her real friends are far away, financial aid problems, roommate and her did not click at all, etc etc.	11/4/2009 12:28

LOBBY	cmckinion	cmckinion: Any suggestions on handling a breakup with boyfriend/girlfriend? Texting, cell phones and social network sites make it hard to completely turn away. There is involvement in campus activities and a heavy workload, but it's hard to tell someone that time will take care of much of this.	11/4/2009 12:30
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): As you know venting can be a powerful stress realiver and often students will vent to the people they feel the most comfortable with such as parents and close friends, which is not always easy for the one listening	11/4/2009 12:30
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Shihan's Mom - It may be a testimony to her feeling of safety with you that she can share the difficult parts of her college experience with you. You might acknowledge the importance of that and also ask her to share something that she feels proud of or good about.	11/4/2009 12:30
LOBBY	lennyferman	lennyferman: UFCC Tina, what is advocacy? Is that a program you're putting together? I just wish that UF would promote a program for kids that are struggling to find a group of friends.	11/4/2009 12:31
LOBBY	lennyferman	lennyferman: I'm seeing a lot of parents on this forum today sharing the same experience that we're seeing our son have	11/4/2009 12:32
LOBBY	lennyferman	lennyferman: These introverted, hard working kids need someone to reach out to them	11/4/2009 12:32
LOBBY	lennyferman	lennyferman: UF seems to be great for kids who are outgoing	11/4/2009 12:32

LOBBY	lennyferman	lennyferman: But the introverted, shy, studious types just flounder	11/4/2009 12:32
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): cmckinion yes realationship of any type are a big part of the college experience, and you are correct that time is one of the most helpful ways to move on, while staying busy is a good way to move on it is also important for teh student to address her feelings when ready	11/4/2009 12:32
LOBBY	lennyferman	lennyferman: The shy kids then get depressed and withdraw even more	11/4/2009 12:33
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Are any of your students taking FYF	11/4/2009 12:33
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): or First Year Florida	11/4/2009 12:33
LOBBY	ktdid	ktdid: My son is not.	11/4/2009 12:33
LOBBY	cmckinion	cmckinion: I don't think mine is - maybe next semester?	11/4/2009 12:33
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): lennyferman - I just meant advocacy in a generic sense, meaning just speaking up for their needs and getting help. You are right that students need to find a small group within the larger university with which to identify and socialize. Clubs and activities are a good option. You are also right that this is more difficult for the shy and introverted. It often takes more time for them and acknowledging that is important for them and for their parents.	11/4/2009 12:34
LOBBY	lennyferman	lennyferman: If UF would set up some programs to reach out to these kids or advertise programs aimed at the kids who are not getting involved I think you would help a lot of kids. And based on the little sampling I see in this forum, there are a lot of kids like my son.	11/4/2009 12:34
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): FYF is a great course for first year students it is a small class of 25 or less and is taught by a full time faculty or staff member as well as a upperclass student called a peer leader	11/4/2009 12:34

LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): And there are groups at the Counseling Center and Student Mental Health to help students understand themselves better, particularly in their social interaction. These groups are confidential and facilitated by counselors to provide safety and guidance.	11/4/2009 12:34
LOBBY	Shihan's Mom	Shihan's Mom: Yes, I suppose I should consider it a compliment that she complains to me so much but it feels like a burden. I will ask her to share something she is proud of, and see if she says something besides, "nothing". To lennyferman, my daughter is super-outgoing (not very studious unfortunately) and is an actress but still she is struggling and feeling out of place at UF and won't even join the acting improv group, or anything like that, and she is taking FYF and very that they have to go on Wed night and can't come home for Thanksgiving until Thursday so will miss half the day.	11/4/2009 12:34
LOBBY	ktdid	ktdid: Although, he is very involved and my concern is that he is spending enough time on his studies	11/4/2009 12:35
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): The FYF course is great because it really provides a smaller class community for students and it actively goes out on campus and gets students acclimated to the campus	11/4/2009 12:36
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Shihan's Mom - I am sure it does feel like a burden as you may be used to being able to help her through things. These conversations are helpful so that parents can get support from each other for how hard it is to hear their children struggle.	11/4/2009 12:37
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): for those of you who feel your student may benefit from a course like this please encourage your student to register for SLS1102 it is a one credit course and most students really enjoy it	11/4/2009 12:37
		lennyferman:	

		Can you explain a little more about what FYF is?	
LOBBY	lennyferman		11/4/2009 12:37
LOBBY	lfswoy	lfswoy: How many credits is it? And how often does it meet?	11/4/2009 12:37
LOBBY	lennyferman	lennyferman: What is SLS 1102?	11/4/2009 12:37
LOBBY	crankycamp	crankycamp: lennyferman - what was your son involved with back in high school? anything he could consider at UF? My daughter was adamant about not doing band at UF - swore she was done...but I asked her to PLEASE do it just for the one year...try it...just for marching.	11/4/2009 12:38
LOBBY	crankycamp	crankycamp: now she is pledging to the band frat	11/4/2009 12:38
LOBBY	crankycamp	crankycamp: she is SO happy	11/4/2009 12:38
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): FYF is a one credit, letter grade course it's course number is SLS1102, but it covers a lot of the transitional topics we discussed today as well as discuss self discovery, (ie what are your goals, values etc). It is very interactive and community based	11/4/2009 12:38
LOBBY	Shihan's Mom	Shihan's Mom: FYF sounds like a good idea but if a kid doesn't want to get acclimated it won't happen. I think the problem with my child and maybe some others is that they just don't want to be an active part of the community yet, or maybe ever. Another thing I see is major insomnia, not sleeping much of the night and then sleeping during the day when they could be doing something interesting, its a problem.	11/4/2009 12:39
LOBBY	cmckinion	cmckinion: Yes, mine is in that now, but hasn't talked much about it. I'm sure it must be good based on these comments.	11/4/2009 12:39

LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Shihan's Mom - I hear of a number of students whose sleeping schedule changes drastically in their first months away from home. This does have an impact on their lives and most of them figure it out and adapt. This is part of them taking the reigns of their lives and there are growing pains.	11/4/2009 12:41
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): If you believe your child is floundering, please encourage him/her to seek counseling -- academic and/or personal, which you may have already done.	11/4/2009 12:43
LOBBY	MomClass2013	MomClass2013: The only time dorm "neighbors" have time to meet, is usually during evenings, so they'll spend time at night doing so and also the majority do their studying during the evenings as well. So yes they do go to sleep late. I wouldn't go as far as labeling it "insomnia" unless it's medically diagnosed. Ultimately, students by now must manage time better.	11/4/2009 12:43
LOBBY	fran1	fran1: Jaime, FYI as a parent I like the Warrington Welcome better than FYF because it has forced my son to get involved. He does not appreciate the class..he thinks it is all busy work and tries to do as little as possible but through alot of parental couesling he is staying the course.	11/4/2009 12:44
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Yes timemanagement and balance are two of the most important skills to master but can also be very hard	11/4/2009 12:44
LOBBY	Shihan's Mom	Shihan's Mom: My daughter has always had trouble sleeping, its just worse now, and what is Warrington Welcome?	11/4/2009 12:45
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): fran1 WW and FYF are actually the same course with the exception that WW is speciific for business students and has a few different assignments but yes they both really do force students to get involved and acclimated	11/4/2009 12:46

LOBBY	MomClass2013	MomClass2013: Shihan's Mom, Trouble sleeping or sleeping less?	11/4/2009 12:46
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Warrington Welcome is one of our population specific FYF courses intended for business majors	11/4/2009 12:46
LOBBY	Shihan's Mom	Shihan's Mom: Thanks Tina, unfortunately she would never ever seek counseling, she considers it a total waste of time (and her grandma's a psychiatrist, so go figure). Both trouble sleeping and sleeping too little.	11/4/2009 12:47
LOBBY	mchatham@cfl.rr.com	mchatham@cfl.rr.com: I am curious as to when fraternity pledging ends. My son is spending so much time there that his grades are not good.	11/4/2009 12:47
LOBBY	crankycamp	crankycamp: My daughter is in her 8th? (maybe 9th) week of pledging - and hers goes for 10 weeks.	11/4/2009 12:48
LOBBY	MomClass2013	MomClass2013: In my college days, there were days I slept less than others, mostly because of completing school work, but then I compensated it at other times with a nap here and there, versus hanging out w/friends. My daughter does the same.	11/4/2009 12:48
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): For the IFC chapters the Window ends November 22 where all inductions must take place	11/4/2009 12:49
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Mcchatham that also applies to the NPHC, PC and MGC councils	11/4/2009 12:49
LOBBY	MomClass2013	MomClass2013: My student did not participate in frats/sororities, she was more determined w/school and adapting.	11/4/2009 12:49
LOBBY	mchatham@cfl.rr.com	mchatham@cfl.rr.com: Do you know if there is enough time after Nov 22nd for them to bring their grades up? I guess there are finals, and I suppose it is class specific, but I am wondering if it will be too late.	11/4/2009 12:50

LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): mchatham I would encourage your student to do what they can now to bring up their grades. Waiting to the end of the semester is both challenging and stressful for students	11/4/2009 12:50
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): Shihan's Mom - Some college students need to get some distance and come to their own decision to seek counseling or help of any kind as part of their normal growth toward independence.	11/4/2009 12:51
LOBBY	MomClass2013	MomClass2013: I agree Tina	11/4/2009 12:51
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): mcchatam the window closes roughly every semester 2 weeks before the end of classes. All organizations are greatly encouraged to make sure scholarship is something that is well maintained throughout all process as each organization must maintain a certain GPA overall to remain in good standing with the University	11/4/2009 12:51
LOBBY	MomClass2013	MomClass2013: As always your chat very helpful, good day everyone!	11/4/2009 12:53
LOBBY	mchatham@cfl.rr.com	mchatham@cfl.rr.com: I will say that he could not be happier at UF then he is. This first semester is definately a challenge. At least he really wants to stay there, so I think the grades are not that bad, but he may end up on academic probation for bright futures. When you mention scholarship is that one of the things you are refering to?	11/4/2009 12:53
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Mcchatam yes I am referring to Grades when I talk about scholarship.	11/4/2009 12:53
LOBBY	mchatham@cfl.rr.com	mchatham@cfl.rr.com: Thank you. I am putting Nov 22 on my calendar and crossing my fingers.	11/4/2009 12:54
LOBBY	johngclarke@verizon.net	johngclarke@verizon.net: he may end up on academic probation for bright futures - what does that imply please?	11/4/2009 12:55

LOBBY	mchatham@cfl.rr.com	mchatham@cfl.rr.com: That he would have less than a 3.0 gpa	11/4/2009 12:55
		FamilyChatModerator(UF CSAI Shontae): Feel free if there are some major concerns to email me swhite@Union.ufl.edu or Sorority and Fraternity Affairs Jack Cassaeux at jackc@Union.ufl.edu if you have some questions after this chat.	
LOBBY	FamilyChatModerator		11/4/2009 12:55
		FamilyChatModerator(UF NSP Jaime): He will want to talk with Financial Aid to see how that may impact his scholarship	
LOBBY	FamilyChatModerator		11/4/2009 12:55
		FamilyChatModerator(UF NSP Jaime): Since it is almost 1pm we will begin to wrap up our chat	
LOBBY	FamilyChatModerator		11/4/2009 12:56
		FamilyChatModerator(UFCC Tina): I enjoyed talking with you all. I appreciate your concern for your students.	
LOBBY	FamilyChatModerator		11/4/2009 12:56
		FamilyChatModerator(UF NSP Jaime): Thank you all so much for you great questions and all of the support you continue to give to your students. I hope this chat has been helpful. Our next family chat will be Nov. 19th from 5-7pm.	
LOBBY	FamilyChatModerator		11/4/2009 12:57
		johngclarke@verizon.net: Fly on wall found it fascinating and instructive - tanks to all.	
LOBBY	johngclarke@verizon.net		11/4/2009 12:57
		Shihan's Mom: Thanks, bye	
LOBBY	Shihan's Mom		11/4/2009 12:57
		FamilyChatModerator(UF CSAI Shontae): Yes thank you all for your questions and concerns.	
LOBBY	FamilyChatModerator		11/4/2009 12:57
		FamilyChatModerator(UF NSP Jaime): If you have additional questions please feel free to contact me Jaime Baker, Assistant Director of New Student Programs at JaimeAB@dso.ufl.edu or 352-392-1261 ext 230	
LOBBY	FamilyChatModerator		11/4/2009 12:58
		Marlen:	

LOBBY	Marlen	Thanks to all the moderators. I really appreciate your time.	11/4/2009 12:58
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): You are so welcome. Take care.	11/4/2009 12:58
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): IF you have any involvement questions or Fraternity or Sorority feel free to email me swhite@Union.ufl.edu	11/4/2009 12:58
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): A copy of this and past chat transcripts' are available at http://www.dso.ufl.edu/nsp/parents/familyonline/onlinechat.php	11/4/2009 12:59
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): You are so welcome Marlen	11/4/2009 12:59
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Once again thank you all for your hard work as family members!	11/4/2009 12:59
LOBBY	FamilyChatModerator	FamilyChatModerator(UF NSP Jaime): Shontae and Tina thanks so much!	11/4/2009 13:00
LOBBY	FamilyChatModerator	FamilyChatModerator(UF CSAI Shontae): Anytime Jaime thanks for hosting and hope all have a great afternoon	11/4/2009 13:00
LOBBY	FamilyChatModerator	FamilyChatModerator(UFCC Tina): No problem. I learned a lot!	11/4/2009 13:00