Office Hours: Monday and Wednesdays, 3:15-4:00 pm (or by appointment)

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Program Coordinator in SAI

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Junior, Studying Psychology

Course Description:
First Year Florida is a course designed to aid students in a successful transition to the University of Florida. This course aims to help students develop the practical, social, emotional, and intellectual skills that are essential to a fulfilling four years at UF, provide a foundation for a well-rounded college experience, connect students to the University of Florida, promote engagement within and outside the classroom, and communicate university expectations.

COURSE OBJECTIVES:
First Year Florida educates new students to maximize their learning and development. As a result of this course, students will:

• Connect with faculty, staff, and peers at the University of Florida.
• Identify university resources and services that contribute to their personal and educational goals.
• Recognize the purpose of reflection, critical thinking, and enriching educational opportunities within and outside the classroom.
• Evaluate the effects of personal well-being on student success and engagement.
• Recognize the academic, conduct, and citizenship expectations of the University of Florida.
• Develop an awareness and respect for being a part of a diverse global community.

Required Readings:
• College Success Strategies, 2015-2016 Edition; Author: Nist, available at University of Florida Bookstore
• Double Take; Author: Kevin Connolly; provided at Preview

Technology:
This class will utilize Canvas for assignment submissions in conjunction with paper assignments. You will also be required to participate in the discussion board for class assignment and credit. For every assignment submitted in this class with the exception of the Blog Posts, you will need to submit it via Canvas, AND bring a printed copy to class.
Absence/Late Policy:
It is your responsibility to arrive to each scheduled class prepared and on time. Attendance is approximately 20% of your grade and is integral to your success in this class. It is the responsibility of the student to ensure that their attendance is marked sufficiently after each class period. Attendance is marked five minutes after the start of each class period; Students are counted tardy after five minutes, no exceptions. You will receive half credit if tardy, and no credit if extremely late to class or missed more than half of the class period.

All absences and late arrivals must be accompanied with an excuse in order to receive participation or tardy points. Excused absences include: Religious Holidays with prior notice, and Medical/Emotional/Family Emergencies with appropriate documentation. Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx.

Academic Honesty:
An academic honesty offense is defined as the act of lying, cheating, or stealing academic information so that one gains academic advantage. As a University of Florida student, one is expected to neither commit nor assist another in committing an academic honesty violation. Additionally, it is the student's duty to report observed academic honesty violations. Violations of the Honor Code and academic dishonesty will not be tolerated. Specifically, instructors will rigorously pursue incidents of plagiarism of any type or incidents of referring to any unauthorized material for any class requirement. Before submitting any work for this class, please read the policies about academic honesty at www.dso.ufl.edu/scrr, and ask the instructors to clarify any expectations you do not understand.

Preamble: In adopting this Honor Code, the students of the University of Florida recognize that academic honesty and integrity are fundamental values of the University community. Students who enroll at the University commit to holding themselves and their peers to the high standard of honor required by the Honor Code. Any individual who becomes aware of a violation of the Honor Code is bound by honor to take corrective action. The quality of a University of Florida education is dependent upon community acceptance and enforcement of the Honor Code.

The Honor Code: We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.

Pledge: "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

ADA Statement: The University of Florida provides high-quality services to students with disabilities, and we encourage you to take advantage of them. Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Expectations of Classroom Behavior:
As college students, you will be treated and respected as an adult. You are encouraged to share your ideas and express your opinions in class and you will be expected to respect other’s opinions and values as well. You are expected to do your best work, meet assignment deadlines, and treat other members of the class and the University with courtesy and respect.
Disruptive behavior will not be tolerated. Cell phones must be off or on silent before entering the classroom.

**Course Evaluations:**
Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at https://evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at https://evaluations.ufl.edu/results/. Additionally, students enrolled in First Year Florida will be asked to complete a separate course evaluation for further information. This is a time for you to provide direct feedback on your Peer Leader and Instructor.

**Grading Scale**
This course adheres to the UF Grading policy for assigning grade points. For more information please visit: https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx. Below is the course grading scale:
94-100 (A); 90-93 (A-); 87-89 (B+); 83-86 B; 80-82 (B-); 77-79 (C+); 73-76 (C); 70-72 (C-); 67-69 (D+); 63-66 (D); 60-62 (D-); 59 or below (E)
# Course Overview

<table>
<thead>
<tr>
<th>Date/Topic</th>
<th>Description</th>
<th>Assigned Reading</th>
<th>Assignment Due</th>
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<tbody>
<tr>
<td>M: June 29th</td>
<td>Syllabus Review and Introductions</td>
<td>DT: Chapter 1-2</td>
<td>Schedule Check-in w/ Solange &amp; Ann-Fernee</td>
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<tr>
<td>The Beginning</td>
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<tr>
<td>W: July 1st</td>
<td>Self-Assessment and Self-Discovery</td>
<td>DT: Chapter 3-4</td>
<td>Blog Post (due July 3rd)</td>
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<td></td>
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<td>(Extra Credit 1 Zumba with Ann-Fernee)</td>
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<td>M: July 6th</td>
<td>Academic Success</td>
<td>DT: Chapter 5-6</td>
<td>(Extra Credit 2 Academic Planning)</td>
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<td>Success Week</td>
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<td>CSS: Chapter 3, 11</td>
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<tr>
<td>W: July 8th</td>
<td>Career Success</td>
<td>DT: Chapter 7-8</td>
<td>Blog Post (due July 10th)</td>
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<tr>
<td></td>
<td></td>
<td>CSS: Ch 3, 11</td>
<td>Check-in Appt (due)</td>
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<tr>
<td>M: July 13th</td>
<td>Wellness: Time Management and Stress Management</td>
<td>DT: Chapter 9-14</td>
<td>CRGP #1</td>
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<td>Wellness Week</td>
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<td>CSS: Ch 9</td>
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<tr>
<td>W: July 15th</td>
<td>Wellness: Health and Fitness</td>
<td>DT: Chapter 12-15</td>
<td>Blog Post (due July 17th)</td>
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<td></td>
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<td>CSS: Ch 6</td>
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<tr>
<td>M: July 20th</td>
<td>Community in Involvement: Getting Involved on Campus</td>
<td>DT: Chapter 15-18</td>
<td>CRGP #2</td>
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<td>Involvement Week</td>
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<td>Involvement Resume</td>
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<td>(Extra Credit 3 Involvement Consultation with I-Team)</td>
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<td>W: July 22nd</td>
<td>Community in Service: Servicing others in your</td>
<td>DT: Chapter 19-</td>
<td>CRGP #3</td>
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<td></td>
<td>Communities</td>
<td>Epilogue</td>
<td>Blog Post (due July 24th)</td>
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<td>M: July 27th</td>
<td>Diversity: Understanding your Diversity</td>
<td>CSS: Ch 7, 8</td>
<td>CRGP #4</td>
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<td>Diversity Week</td>
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<td>(Extra Credit 4 Diversity Event)</td>
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<tr>
<td>W: July 29th</td>
<td>Diversity: Understanding Others Diversity</td>
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<td>CRGP #5</td>
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<td>Blog Post (due July 31st)</td>
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<tr>
<td>M: August 3rd</td>
<td>Leadership</td>
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<td>CRGP #6</td>
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<td>Leadership Week</td>
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<tr>
<td>W: August 5th</td>
<td>IMPACT: Review</td>
<td></td>
<td>Blog Post (due August 7th)</td>
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**Common Reading Program Event Due July 31st**  
**Community Service Project on July 25th**  
**Workshop Success Series Due July 31st**
# Assignments

<table>
<thead>
<tr>
<th>Points Possible</th>
<th>Assignment</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>120</td>
<td>Participation</td>
<td>Varies</td>
</tr>
<tr>
<td>60</td>
<td>Campus Resource Group Presentation (CRGP)</td>
<td>Varies</td>
</tr>
<tr>
<td>50</td>
<td>Community Service Project</td>
<td>July 25th</td>
</tr>
<tr>
<td>100</td>
<td>Reflection Paper</td>
<td>July 31th in digital (Canvas) &amp; Hard-Copy (in class).</td>
</tr>
<tr>
<td>120 (20 each)</td>
<td>Blogs (6)</td>
<td>Due each Friday on Canvas: July, 3rd, 10th, 17th, 24th, 31st, and August 7th</td>
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<tr>
<td>30</td>
<td>Involvement Resume</td>
<td>July 20th</td>
</tr>
<tr>
<td>25</td>
<td>5 Questions for Panelists</td>
<td>July 8th</td>
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<tr>
<td>25</td>
<td>5 Questions for Student Leaders</td>
<td>July 20th</td>
</tr>
<tr>
<td>50</td>
<td>Workshop Success Series Event</td>
<td>July 31st</td>
</tr>
<tr>
<td>20</td>
<td>Check-in Appointment</td>
<td>Prior to July 17th</td>
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<tr>
<td>Up to 20 (5 each)</td>
<td>Extra Credit</td>
<td>Varies</td>
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<tr>
<td></td>
<td>Total Points Possible</td>
<td>600</td>
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## Assignment Description

### Assignment 1: Campus Resource Group Presentation (CRGP)

You will be assigned a group. Your group will be required to present for 10 minutes on a campus resource, department or office at the University of Florida. Your group will pick from a list resources based on your randomly selected presentation date. You’re to become an expert on your campus resource and be prepared to answer questions on the campus resource from your peers.

Resources that may be presented may include:

- Center for Leadership and Service
- Multicultural and Diversity Affairs
- Registrar
- Department of Student Activities and Involvement
- Student Legal Services
- Gator Well
- UF PD
- Student Health Care Clinics
- Counseling and Wellness Center
- Disability Resource Center
- Dean of Students Office
- The Writing Studio
- Off Campus Life
- Office of Academic Support
- Broward Tutoring
- Student Government
- Rec Sports
- Victim Services
- AND MORE!

You will be expected to include the following in your presentation:

- Pictures!
- Cost (if any)
- Location & Hours of Operations
- # of Employees
- # of years in service
- All programs & services
- Statistics
- Flyers
- Mission Statement/Purpose
- How to get engaged!
- Social Media Resources
- Etc.,

**NOTE:** This assignment is worth 60 points. You will be reviewed by your group members AND the instructor on the resource presentation. The evaluation sheets will be made available to you prior to your presentation.

### Assignment 2: Reflection Paper

You will be required to read the Common Reading Program Book and attend a Common Reading Program Event. Once completed, you will reflect on both in a **double-spaced, 4-6 page essay** (Times New Romans, 1-
In your reflection paper you will answer the following questions: Describe the book’s premise. Why did the author write this book? What have you learned from reading the book? What have you learned attending the event? How are the book and the event connected? What similarities and differences do you share with the author? How has your perspective changed on the issue of disabilities since the beginning of the semester, and what role do you play? Be sure to include examples from the book/event to support your views.

You are required to cite the book using APA format. (For resources on using APA format, please utilize https://owl.english.purdue.edu/owl/section/2/10/ or visit the on campus resource Writing Studio website at http://writing.ufl.edu/writing-studio/). This assignment is worth 100 points. The Grading rubric for this assignment may be available online for you to view.

Assignment 3: Involvement Resume

Involvement is about creating connections, building community, and developing leadership skills. Think about what you want to get involved with during your college career. You will be required to find a minimum of 3 involvement opportunities that meet the three P’s; Purpose, Passion and Profession. “Purpose” describes an involvement opportunity that speaks to the way you identify on campus. This can include your gender, race, ethnicity, language, nationality, culture, religion, etc. “Passion” describes an involvement opportunity that is a personal passion of yours. This can include hobbies like dancing, or intramurals, or activities like volunteering and community service. Lastly, “profession” describes an involvement opportunity that involves your career or professional aspirations. This may include an honor society, fellowships, research, or college counsel involvement.

From these involvement interests, you will develop a future resume that explains what you wish to, will have, and want to accomplish within these opportunities and/or organizations. Be sure to be prepared to present it to the class. A great starting point will be Gator Connect which can be accessed at https://ufl.collegiatelink.net/. Details outlining the assignment will be provided prior to the assignment’s due date and will be uploaded to Canvas. This assignment is worth 30 points. The grading rubric for this assignment may be available for you to view.

Assignment 4: Blog Posts

You will be required to complete weekly blog posts. These blog posts will be available on Canvas with directions and prompts to answer each week and must be completed by the Friday of each week. The expectation is to demonstrate true reflection and critical thought to each question. A minimum of 5 complete sentences is required for each blog post, and you are required to respond to a fellow classmate’s response. This assignment is worth 20 points each, for a total of 120 points for the term.

Determination for number of points allocated to your response will be available online.

Assignment 5: Check-In/One on One

The purpose of the check-in/one on one is to provide an opportunity for students to ask questions concerning their experience with the course and campus, and to allow the instructor(s) an opportunity to engage students individually. You will be required to meet with the instructor and/or the peer mentor for this course for a minimum of 20 minutes, at least once this semester for a check in appointment. Appointment times will be available for sign-up during the first two classes of the semester. All appointments must be completed by July 17th, in order to receive credit. This assignment is worth 20 points in your overall grade.

Grading for this assignment: Points will be taken off if students do not honor their scheduled time; One point will be subtracted for every minute a student is late to his or her appointment. Rescheduling of appointments are available so long as they are before the scheduled due date for credit and submitted at least 48 hours in advance of the scheduled appointment. No exceptions!

Assignment 6 and 7: Questions for Panelists/Presenters

This semester, guest speakers will be coming to class to introduce, teach, and provide understanding on the services, programs, and experiences available on campus. You will be required to develop 5 questions for guest speakers/panelists, which must be turned in to the instructor at the end of the class period as a hard
copy. You are also required to upload the assignment to Canvas prior to the start of the class period. As a result, these questions must be typed and printed with 1 inch margins, 12 font, and Times New Romans or Calibri and brought to class, and uploaded to canvas. Failure to upload the assignment to Canvas prior to the start of class will result in no credit. Failure to bring a hard copy to class will result in half credit.

This assignment is worth 25 points each. You will be required to submit this type of assignment twice throughout the semester. These dates will be reviewed in class. Please sure to review your syllabus for all due dates on assignments.

Assignment 8: Community Service

You will be require to complete a community service project on Saturday, July 25th with your instructor(s) and peers. Details of the community service project will be discussed during the semester. You will be responsible for checking in with your instructor upon arrival, and checking-out once the service project is complete. You must be present for the entirety of the community service project. Failure to check in, check-out, or stay for the entirety of the service project will result in deduction of points. This assignment is worth 50 points.

Assignment 9: Workshop Success Series

You will be require to attend one Workshop from the Workshop Success Series, by July 31st. Details of the WSS will be discussed during the semester. You will be responsible for providing proof of your participation in one of the workshops and are expected to attend for the entirety of the event. Failure to attend or stay for the entirety of the event will result in deduction of points. This assignment is worth 50 points.

Assignment 10: Common Reading Program Event

You will be require to attend one Common Reading Program Event, by July 31st. Details of the CRP event will be discussed during the semester. You will be responsible for providing proof of your participation and are expected to attend for the entirety of the event. Failure to attend or stay for the entirety of the event will result in deduction of points within your Reflection Paper, which requires your attendance.