



## Death by Alcohol: The Sam Spady Story

### Overview:

The film *Death by Alcohol: the Sam Spady Story* (30 minutes) is designed to educate students and facilitate discussion on alcohol awareness and the effects of binge drinking. Sam Spady was a normal teenager who was said to have everything going for her. In high school, she was a captain of the cheerleading squad, homecoming queen, class president and an honor student. She went to Colorado State University, where she was expected to excel, until her life was tragically cut short at the age of 19. Sam took part in a day of binge drinking with friends. She shared too many shots of vanilla flavored vodka, passed out, and was found dead in a cluttered fraternity house.

Sam Spady is not the only college student who has taken part in binge drinking. Many college students are killed each year by binge drinking. Sam Spady's parents created the SAM (Student Alcohol Management) Spady Foundation in order to find an effective alcohol awareness program with emphasis on alcohol poisoning and high-risk consumption. \*

Time required (possibly 2) 30 minutes for the film, then use the rest of the time for processing.

\*information retrieved from [www.samspadystory.org](http://www.samspadystory.org)

### What You Need/Preparations:

1. *Death by Alcohol: The Sam Spady Story* DVD. This video is available from the University.
2. List of discussion questions (a sample is on the following page)

### Application:

This DVD may best be used as a presentation and discussion tool.

1. You may wish to preview the DVD in order to prepare discussion topics
2. Designate half an hour for the viewing of the DVD, then the rest of your class time for questions and discussion. It is important for the audience to have an opportunity to talk about what they have seen and their reactions to the video.